

# 1BERKSHIRE

## BERKSHIRE LEADERSHIP PROGRAM

### Healthcare Session

Thursday, May 2, 2019

5:30 - 9:30PM

Canyon Ranch

165 Kemble Street, Lenox, MA 01240

### Session Coordinators:

Keri Purcell, Massachusetts Department of Developmental Services

Marybeth Mitts, MassHire Berkshire Workforce Board

### Session Objective:

Provide an overview of the evolving healthcare infrastructure in the Berkshires, exploring traditional and alternative options available to residents.

5:30 – 6:00 PM	Tour of <b>Canyon Ranch</b> by <b>Mindi Morin</b> , General Manager
6:00 – 7:15 PM	Demonstration Meal with discussion about quick, healthy meal prep by <b>Maggie O'Mara, MS, RDN, Canyon Ranch</b>
7:15 – 8:00 PM	Speaker <b>Lisa Kuczarski, RDN - Operation Better Start, Berkshire Health Systems</b>
8:00 – 8:15 PM	Break
8:15 – 9:20 PM	Breakout Session and Discussion with <b>Dr. Cindy Geyer</b> , Medical Director of Canyon Ranch; <b>Dr. Mark Pettus</b> , Internist & Nephrologist, Berkshire Health Systems; <b>Liz Weibrecht</b> , Food Adventure Coordinator/Program Manager, The Nutrition Center and <b>Sara Castro Ledo</b> , The Nutrition Center
9:20-9:30PM	Wrap Up & Closing

**Next Session:** Thursday, May 9, 2019 - NO SESSION, enjoy this time to work on your project  
Thursday, May 16, 2019, 5:30-9:30PM at Ramblewild, Lanesborough MA