

1 BERKSHIRE

BERKSHIRE LEADERSHIP PROGRAM

HEALTHCARE SESSION
Wednesday, May 10, 2017
5:30 - 9:30PM

Stanton Home
205 North Plain Rd., Great Barrington, MA 01230

Session Coordinator
Keri Purcell

Session Objectives: *Explore non-traditional or alternative approaches to wellness in the workplace; identify wellness principles and how they can be incorporated into the workplace; discuss wellness lifestyles and nutrition as a preventative approach to healthcare; learn about local businesses that focus on nutrition.*

5:30 PM	Arrival and Welcome – Keri Purcell
5:40 - 6:00 PM	Introduction to Stanton Home – Peter Stanton
6:00 – 6:30 PM	Dinner – using ingredients provided by Guido’s Fresh Marketplace
6:30 – 6:50 PM	Guest Speaker: Renee Tassone, Eat to Total Health
7:00 – 7:20 PM	Guest Speaker: Bill Bradley, Bradley Presents
7:30 – 7:50 PM	Guest Speaker: Angessa Lynn Hughmanick, Zogics
8:00 – 8:20 PM	Guest Speaker: Dominica D’Avella, I.D.E.A.L
8:30 – 8:40 PM	Break
8:40 – 9:00 PM	Break-Out Session
9:00 – 9:30 PM	Group Presentations

Note: **There is no session scheduled for Wednesday, May 17th**

Next Session: Wednesday, May 24th, 2017, 5:30 - 9:30PM
at Iredale Mineral Cosmetics, Great Barrington, MA